

2023 MARITIME CUP

RACE NOTICE



The Wostawea Ski Club is pleased to host the 2023 Maritime Cup (NB Cup #3 & #4) at Killarney Lake Park, Fredericton, NB, on January 21st and 22nd 2023.

Categories and course maps are available [here](#). Distances and courses are subject to change without notice depending on conditions.

SANCTION

Points will be counted towards the 2023 NB Cup Series and Canadian Points List (CPL). The NB Cup Races are sanctioned by Nordiq Canada and require racing licenses. For race registration through Zone4, competitors who do not have a race licence will automatically be invited to purchase a Supporting Member Day Licence (SMDL) and sign the waiver as part of event registration. SMDLs are \$5 for anyone over the age of 14 and **free** for anyone under the age of 14.

ORGANIZING COMMITTEE

- Chief of Competition – Rob Hughes
- Technical Delegate – Edouard Daigle; Marc Leclair (assistant)
- Chief of Course – Felix Schwarz
- Chief of Stadium – Eric Hadley
- Chief of Timing – Kristie Heard; Assistants: Peter Toner, Marc Leblanc
- Chief Controllers – Toon Pronk, Shelley Pronk
- Competition Secretary – Marie-France Turcotte
- Zone4: Carole Daigle

Category (B: Boys G: Girls M: Men W: Women)	Age (yrs)	Sat Jan 21 - Classic (Interval Start)		Sun Jan 22 - Freestyle (Mass Start)	
		Distance	Trail marker	Distance	Trail Marker
U6 B/G	6 and younger	0.6 km	Green Half Moon	0.6 km	Green Half Moon
U8 B/G	7,8	1.2 km	Green Half Moon (x2)	1.2 km	Green Half Moon (x2)
U10 B/G	9,10	1.8 km	Green Half Moon (x3)	1.8 km	Green Half Moon (x3)
U12 B/G	11,12	2.5 km	Red Circle (x2)	2.5km	Red Circle (x2)
U14 B/G	13,14	7.5 km	Yellow Diamond & Blue Square	5 km	Yellow Diamond
U16 G U18 G U20 W	15,16 17,18 19,20	7.5 km	Yellow Diamond & Blue Square	7.5 Km	Yellow Diamond & Blue Square
U16 B U18 B U20 M	15,16 17,18 19,20	10 km	Yellow Diamond (x2)	10 km	Yellow Diamond (x2)
U23 W	21,22,23	10 km	Yellow Diamond (x2)	10 km	Yellow Diamond (x2)
U23 M	21,22,23	15km	Yellow Diamond (x3)	15 km	Yellow Diamond (x3)
Senior W	23+	10 km	Yellow Diamond (x2)	10 km	Yellow Diamond (x2)
Senior M	23+	15 km	Yellow Diamond (x3)	15 km	Yellow Diamond (x3)
Master W	31+	10 km	Yellow Diamond (x2)	10 km	Yellow Diamond (x2)
Master M	31+	15 km	Yellow Diamond (x3)	15 km	Yellow Diamond (x3)
Participation M/W	All ages	6.25 km	Yellow Diamond + Red Circle	6.25 km	Yellow Diamond + Red Circle
Para Nordic Standing W	All ages	5 km	Yellow Diamond	2.5 km	Red Circle (x2)
Para Nordic Standing M	All ages	5 km	Yellow Diamond	5 km	Yellow Diamond
Para Nordic Sit M/W	All ages	1.8 km	Green Half Moon (x3)	1.8 km	Green Half Moon (x3)

RACE JURY

- Chair: Technical Delegate, Edouard Daigle
- Chief of Competition: Rob Hughes
- Assistant Technical Delegate: Marc Leclair

ADDITIONAL INFORMATION BEFORE & AFTER COMPETITION

- Marie-France Turcotte – turcfrench@netscape.net - 506-262-0524
- Rob Hughes - robnick.hughes@gmail.com – 506-999-5980

Please note: Any important updates regarding the event will be posted on the Wostawea Web Site <https://www.wostawea.ca/2023-maritime-cup>

EVENTS

- Saturday January 21st, NB Cup #3 – Classic, Interval start at 1 p.m.
- Sunday, January 22nd, NB Cup #4 – Free Style (skate), Mass start at 10 a.m.

REGISTRATION

- Participants must register in advance at Zone4.ca. The link will be activated on Dec 31st, 2022.
- The deadline for registration for both races is Thursday, January 19th at 7 p.m.

NO REGISTRATIONS WILL BE ACCEPTED AFTER THE DEADLINE.

FEES (NON-REFUNDABLE)

AGE IS CALCULATED AS OF DECEMBER 31, 2023

- Saturday January 21 (soup, rolls, fruit will be provided after the race)
 - \$30 for U6 to U-23, Para-Nordic
 - \$35 for Senior, Master and Participation
- Sunday, January 22nd, (Hot meal will be served after the race)
 - \$30 for U6 to U23, Para-Nordic
 - \$40 for Senior, Master and Participation

RACE COURSES

Participants will have access to the race course at the competition site beginning at 9 a.m. on the day of each race (January 21st and January 22nd). Categories, course maps and other information are available [here](#).

BIB DRAW

For January 21st, Classic race – Interval Start, there will be a draw for the starting order for each category using Zone 4.

For the January 22nd, Free Style – Mass Start - Results from the January 21st classic race will determine the start order for the race. Skiers who did not compete or who did not finish the January 21st race will be placed at the back of their mass start.

COACHES AND MASTERS MEETINGS

Friday, January 20, 7 p.m. on Zoom

Link: <https://us06web.zoom.us/j/84889519391?pwd=ME1EeGYraXFZY01xazAxdVd2SkZyUT09>
Meeting ID: 848 8951 9391 Passcode: 937731

Saturday, January 21st, 7 p.m. on Zoom

Link: <https://us06web.zoom.us/j/83574771852?pwd=aUFheCtrTVJYRE1vNGhkTTdkQ3ljOT09>
Meeting ID: 835 7477 1852 Passcode: 866036

START TIMES

- Saturday January 21st, Classic Race (Interval Start), race starts at 1 p.m.
- Sunday January 22nd, Freestyle Race (Mass Start), race starts at 10 a.m.

Start lists will be posted on zone4 following the coaches meetings.

BIBS AND CHIPS DISTRIBUTION

Will be done in Killarney Rotary Lodge, second floor

- Saturday January 21, between 11 a.m. and 1 p.m.
- Sunday, January 22nd, at 9 a.m.

For bib collection after those times, you must pick them up at the stadium area. Note the stadium is approx 600m from the Killarney Lodge. Timing chips will be attached to the bibs and delivered at the same time.

Participants must pay a \$60 fee for bibs that are not returned, and \$60 for timing chips that are not returned.

ACCESSIBILITY

Killarney Lake Park Lodge and parking are accessible for people with reduced mobility.

LOW FLUORO / NO FLUORO WAXING GUIDELINES

The Nordiq Canada Fluoro policy will apply for all sanctioned NB Cup events. The following will apply for these competitions:

- High Fluoro (HF), Medium Fluoro (MF) or Low Fluoro (LF) glide waxes, including HF, MF, or LF powders, pucks, blocks and liquids are **NOT permitted**.
- Cold weather powder additives and hardeners are **NOT permitted**.
- Grip powders are **NOT permitted**.
- Does not pertain to grip wax.

The adherence to this protocol is self-governed and is the responsibility of the coaches, parents and wax technicians. Keep in mind, non-compliance with this protocol is cheating and contravenes the coaching code of conduct. Coaches and skiers will be held accountable, with appropriate disciplinary action though the NB High performance Committee, should non-compliance be observed in wax rooms or out on the course.

This protocol is in effect at all NB Cup events and at the Maritime Cup.

AWARDS

- Medals and ribbons will be awarded in the lodge after the races.
- For each category and gender a medal will be given to 1st, 2nd and 3rd place.
- For each gender, in the U6 to U14 categories, ribbons will be given to 4th, 5th and 6th place.
- The Maritime Cup will be awarded to the club with the best 10 results over two days.

WHERE TO STAY:

- Fredericton Tourism: [where to stay in our capital](#)

MORE TOURIST INFORMATION

- Please visit [Fredericton Tourism](#).